

# Word of the Month

## Perseverance

What does perseverance mean?

**Steady persistence in a course of action, a purpose, a state, etc., especially in spite of difficulties, obstacles, or discouragement.**

*~Victory Belongs to the most persevering.*

*~Napoleon Bonaparte*

*Week 1*

How well do you think you could do at a karate tournament if you practiced everyday?

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If you do not score the first point during sparring, should you just give up?

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*~Great works are performed not by strength, but by perseverance.*

*~Samuel Johnson*

*Week 2*

Give an example of something you can achieve NOT because you are strong, but because you persevering.

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Name some obstacles, habits, and attitudes that prevent people from accomplishing their goals.

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*~With ordinary talent and extraordinary perseverance, all things are attainable.*

*~Thomas Foxwell Buxton*

*Week 3*

If you are not great at something, but you practice at it everyday, what might eventually happen?

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How can perseverance help you become what you want to be when you grow up?

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*~I think a hero is an ordinary individual who finds strength to persevere and endure in spite of overwhelming obstacles.*

*~Christopher Reeve*

*Week 4*

Name someone who has achieved something through hard work and dedication. What did they achieve?

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What is something you did not think you would achieve but eventually did because you did not give up?

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